# Sexual Health Inventory For Men (SHIM)

## Instructions

Each question has 5 possible responses. Circle the number that best describes your own situation. Select only 1 answer for each question.

## Over the past 6 months:

1. How do you rate your confidence that you could keep an erection?
   - 1: Very low
   - 2: Low
   - 3: Moderate
   - 4: High
   - 5: Very high

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?
   - 1: Almost never or never
   - 2: A few times (much less than half the time)
   - 3: Sometimes (about half the time)
   - 4: Most times (much more than half the time)
   - 5: Almost always or always

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?
   - 1: Almost never or never
   - 2: A few times (much less than half the time)
   - 3: Sometimes (about half the time)
   - 4: Most times (much more than half the time)
   - 5: Almost always or always

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?
   - 1: Extremely difficult
   - 2: Very difficult
   - 3: Difficult
   - 4: Slightly difficult
   - 5: Not difficult

5. When you attempted sexual intercourse, how often was it satisfactory for you?
   - 1: Almost never or never
   - 2: A few times (much less than half the time)
   - 3: Sometimes (about half the time)
   - 4: Most times (much more than half the time)
   - 5: Almost always or always

Information for Clinicians

Scoring instructions
Add the numbers corresponding to the answers for questions 1 through 5. If the patient’s score is 21 or less, erectile dysfunction (ED) should be addressed. The SHIM score characterizes the severity of the patient’s ED in the following manner:

- 22-25 No ED
- 17-21 Mild ED
- 12-16 Mild-to-moderate ED
- 8-11 Moderate ED
- 5-7 Severe ED

Score: __________

Purpose of SHIM

- With the advent of oral therapies for ED, the need for accurate diagnosis is greater than ever.
- The SHIM Questionnaire (also known as the IIEF-5) is an abridged and slightly modified 5-item version of the 15-item International Index of Erectile Function (IIEF), designed for easy use, by clinicians, to diagnose the presence and severity of ED in clinical settings.
- This diagnostic tool may reduce the number of incorrectly diagnosed or underdiagnosed cases. It is intended to complement the physical examination and patient history as a means to detect ED.